



elcies

PSYCHOLOGY

Psychology services can provide people with the diagnoses, skills, strategies and support they need to manage and improve mental health and wellbeing.

OUR SERVICE

Looking after ourselves not just physically but emotionally has never been more important.

At Elcies, we deliver holistic, client-centred and evidence-based Psychology services. Our friendly and professional team of Provisional Psychologists – working under the supervision of a Senior Psychologist – can assist with a range of concerns.

Among our Psychology team are fluent speakers of languages such as English, Spanish, Punjabi and Farsi, who are able to offer sessions in these languages.

Our services can benefit people navigating stress, conflict, relationship issues, mental health concerns, physical illnesses and disability, and carers.

We also provide assessments for a range of different illnesses, disorders and learning difficulties/strengths.



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LUTHERAN
CARE

Lutheran Community Care Incorporated – Trading as Elcies



WE CAN ASSIST WITH:

Assessments

Identifying or diagnosing specific disorders or learning difficulties/strengths.

Grief

Working through the loss of a loved one.

Mental illness

Supporting clients to manage mental illnesses such as Depression, Anxiety or PTSD.

Addiction

Helping clients struggling with addiction to alcohol or other drugs.

Relationships

Supporting people to resolve conflict and build stronger relationships.

Techniques and strategies

Helping build skills and strategies for coping with distress and improving mental health.

Get in contact: Phone: (08) 8182 3335 Email: hello@elcies.org.au

Find out more: elcies.org.au

ABOUT ELCIES



LUTHERAN
CARE



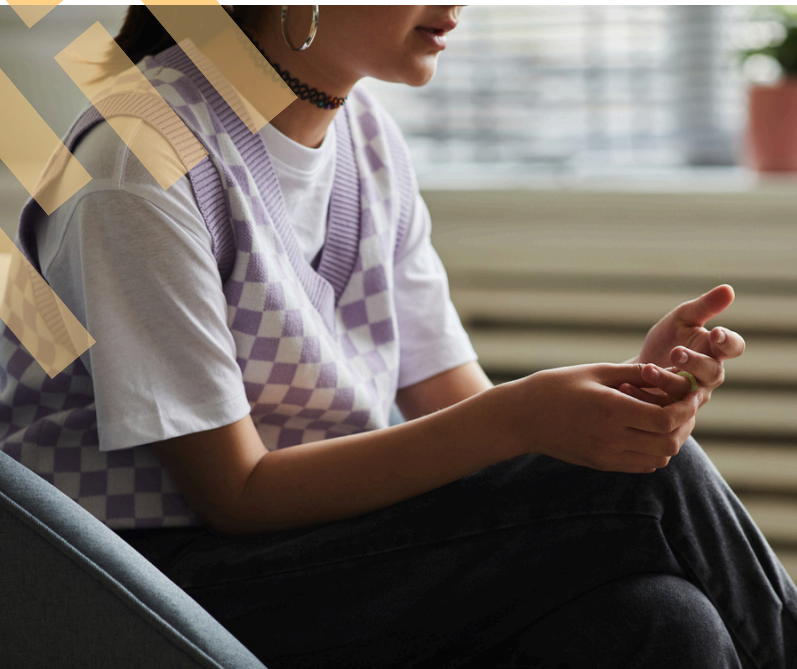
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Live your possibilities with Elcies! Elcies is your local allied health and disability service provider in South Australia. We provide South Australians of all ages with quality, evidence-based services such as Psychology, Speech Pathology, Positive Behaviour Support and Functional Capacity Assessments.

We are proudly part of Lutheran Care, which was founded here in South Australia in 1969.

Elcies was born following the merger of our fast-growing NDIS registered service, Elcies Disability Care, with our new Allied Health service, after we acquired a local Psychology and Speech Pathology practice.

Our multi-disciplinary team of experienced practitioners have a diverse range of expertise areas, including developmental education, positive behaviour support, speech pathology, psychology, teaching, social work and counselling.



WHO IS OUR PSYCHOLOGY SERVICE FOR?

Psychology services can positively impact people of all ages and at all life stages.

Our Psychology service caters for full fee paying private clients. We can also support NDIS participants with NDIS Plans by providing therapy, progress reviews, reporting, support letters and other services related to their Plan.

We are currently unable to provide subsidised psychology sessions under Medicare (Mental Health Care Plans).

We are an inclusive organisation and welcome clients from all genders, belief systems and backgrounds. Among our Psychology team, we have speakers of languages including English, Persian (Farsi) Spanish, Hindi, Punjabi and Polish.

ASSESSMENTS

In addition to therapy, we offer the following assessments:

- cognitive assessments
 - neurological function, strengths and weaknesses
 - giftedness
 - delays/disability
 - disorders including Attention Deficit Hyperactivity Disorder (ADHD) and Foetal Alcohol Spectrum Disorder (FASD)
- psychological assessments
 - diagnosis of most mental disorders including Depression, Anxiety and Post-Traumatic Stress Disorder
- educational assessments
 - learning strengths such as giftedness
 - learning disorders such as dyslexia.

WHERE OUR SERVICES ARE AVAILABLE

Our services are available through our clinics in the Adelaide metro area, plus Australia-wide via Telehealth (video or telephone). Please note, not all clients will be suited to remote support delivery.

READY TO FIND OUT MORE?

We welcome your enquiry via the contact details below.